



Pollock

K-5 Lesson

April 2026

Brought to you by
The Woodside PTA and Art Docent Volunteers

Abstract Expressionism

- **Abstract**

- existing in thought or as an idea but not having a physical or concrete existence.

- **Expressionism**

- a style of painting, music, or drama in which the artist or writer seeks to express emotional experience rather than impressions of the external world.

Simply put: Art that expresses raw emotion, feelings, and personal freedom



Convergence, 1952



Number 5, 1948

Jackson Pollock

**Born January
28, 1912 in
Cody, Wyoming**
**Died August 11,
1956 in Springs,
New York**



**Moved around a lot as
a kid. Followed his
older brother to New
York to study art.**

**Known for “Drip Art”
and “Action Painting”**



**Married fellow artist
Lee Krasner in 1945**



**Number 17A sold for
\$200 Million in 2016**



Supplies

You'll Need:

- Paper to cover the desk
- Construction Paper (color optional)
- 3 pieces of Yarn (not too long foot and a half?)
- Toothpicks
- Paper plates (for color palette)
- 3 colors of paint (feel free to trade at your table)
- **EMOTION and FEELING**

Action Painting

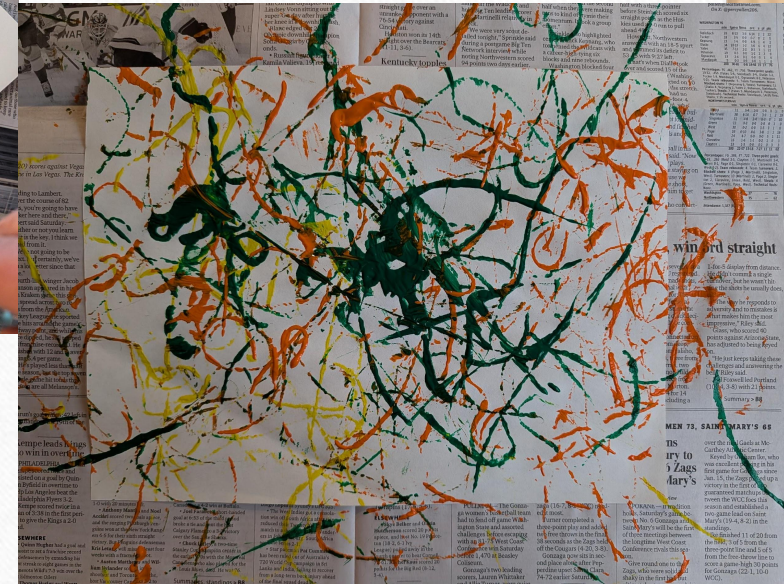
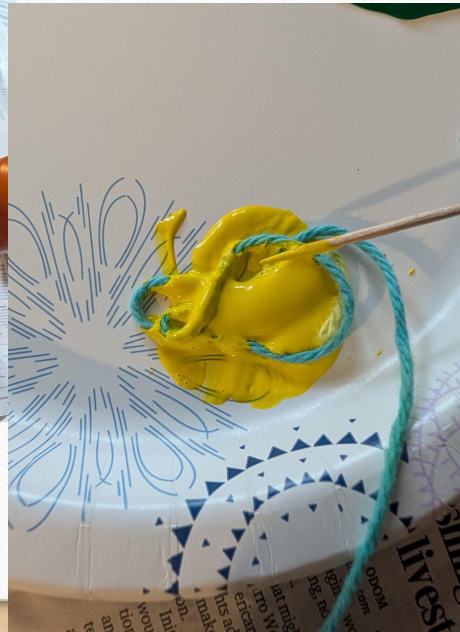
1. Put your name on the back of the paper

2. Pick 3 colors and 3 pieces of yarn

3. Use toothpick to mix paint on end of yarn

5. And make your own drip painting!

4. "Drip" yarn on paper



Videos to Paint To

[Jackson Pollock interview about his art](#)

[Top Twenty Jackson Pollock Paintings - YouTube](#)



Optional Step

- Use a box and a marble to roll around paint on the painting
- Try “splatter” painting using a brush (might be messy)
- Add “found” objects to the painting (Pollock famously would include cigarettes, trash, etc) - Maybe gum/candy wrappers, stickers, etc?